

COUNSELING AGENCIES

Agency Name	Location/Contact Information	Services	Fees/Payment Options	Languages
Coastside Mental Health Center	Half Moon Bay (650) 726-6369	Individual Therapy Family & Group Therapy Outpatient Therapy Residential Treatment (Adults and Youth)	Private-Pay Medi-Cal Various Insurances Sliding Scale	English Spanish Chinese Tagalog
Daly City Youth Health Center	Daly City (650) 877-5700 https://www.dcyouth.org	Family & Group Counseling Couples Counseling Youth Peer Leadership Education Support	Medi-Cal Kaiser Medi-Cal Sliding Scale	English Spanish Tagalog
El Centro de Libertad The Freedom Center	Half Moon Bay Redwood City (650) 599-9955 https://www.elcentrodelibertad.org	Individual Therapy Family Counseling	Sliding Scale	English Spanish
Jewish Family and Children's Services	San Francisco (415) 359-2454 Palo Alto (650) 688-3040 San Mateo (650) 931-1840 San Rafael (415) 419-3600 https://www.jfcs.org	Adult Therapy Case Management Child Therapy Family Therapy LGBTQ+ Services Special Needs	Financial Assistance Sliding Scale No Fee (Based upon financial need)	English
Kaiser Permanente	County-Wide	Adult and Youth Counseling	Members Only	Translation services provided
One Life Counseling Center	San Carlos (650) 394-5155 https://www.onelifecounselingcenter.com	Individual and Group Counseling	Insurance Medi-Cal Private-Pay	Cantonese English Hindi Russian Spanish Tagalog
Our Second Home	Daly City (650) 301-3300 https://dcpartnership.org	Family Resources Individual/Group Counseling (Parents and Caregivers)	Sliding Scale	English Spanish

Parent Solutions	San Jose (408) 292-4357 www.ps-ca.com	Family Therapy Individual Therapy	Sliding Scale Financial Assistance	English Spanish
San Mateo County BHRS Access Call Center	County-Wide (800) 686-0101	Intake and referral for behavioral health and recovery services	Medi-Cal Various Insurances Sliding Scale	English Spanish Chinese Tagalog
Sequoia Counseling Services	Redwood City (650) 363-0383 https://www.sequoiacounseling.com	Adult/Child/Family Counseling Youth Residential Services	Various Insurances Sliding Scale Private-Pay	English
Star Vista	Pacifica (650) 355-8787 San Bruno (650) 342-5155 San Mateo (650) 523-7539 https://star-vista.org	Individual/Couples Counseling Family Counseling Child/Adolescent Services	Various Insurances Medi-Cal Sliding Scale	English Spanish Cantonese