

# PARENTING CLASSES AND WORKSHOPS

Agency Name	Location/Contact Information	Services	Fees/Payment Options	Languages
Almaden Valley Counseling Agency	<b>San Jose</b> (408) 997-0200 <a href="https://avcounseling.org">https://avcounseling.org</a>	8 Week Classes (Via ZOOM until further notice)	Yes	English Spanish
Anger Management & Domestic Abuse Treatment Center	<b>San Mateo</b> (650) 375-0449 <a href="http://www.angercure.org">www.angercure.org</a>	16 Week Classes 52 Week Classes (Males/Females)	Sliding Scale	English Spanish
Children's Health Council	<b>Palo Alto</b> (650) 326-5530 <b>San Jose</b> (408) 831-7512 <b>East Palo Alto</b> (650) 702-2487 <a href="https://www.chconline.org">https://www.chconline.org</a>	Parenting Coaching/Support Various Classes	Insurance Medi-Cal Financial Assistance	English Spanish
El Centro de Libertad The Freedom Center	<b>Half Moon Bay</b> <b>Redwood City</b> (650) 599-9955 <a href="http://www.elcentrodelibertad.org">www.elcentrodelibertad.org</a>	16 Week Classes 52 Week Classes (Males/Females)	Sliding Scale	English Spanish
Family & Children Services of Silicon Valley - Positive Solutions	<b>Palo Alto</b> (650) 326-6576 <b>San Jose</b> (408) 841-4109 <a href="https://www.fcservices.org">https://www.fcservices.org</a>	16 Week Classes (Males/Females)	Sliding Scale	English Spanish
Family Paths	<b>Hayward</b> (510) 893-9230 <b>Oakland</b> (510) 893-9230 <a href="https://familypaths.org">https://familypaths.org</a>	6 Week Classes 10 Week Classes 12 Week Classes Classes are offered via ZOOM anyone can join (Males/Females)	Sliding Scale No Fee (based upon financial need)	English Spanish

Jewish Family and Children's Services Parent's Place	<b>San Francisco</b> (415) 359-2454 <b>Palo Alto</b> (650) 688-3040 <b>San Mateo</b> (650) 931-1840 <b>San Rafael</b> (415) 419-3600 <a href="https://www.jfcs.org">https://www.jfcs.org</a>	Parent Coaching Workshops Webinars	Financial Assistance Sliding Scale No Fee (based upon financial assistance)	English
Kaiser Permanente	<b>County-Wide</b>	Various Classes	Members Only	Translation Services Provided
Our Second Home	<b>Daly City</b> (650) 301-3300 <a href="http://www.dcpartnership.org">www.dcpartnership.org</a>	5 Week Classes (For parents with children 0-17 yrs)	No Fee	English Spanish
Parent Project San Mateo County Health Services	<b>County-Wide</b>	12 Week Classes (For parents, grandparents and caregivers)	No Fee	English Spanish
Parent Solutions	<b>San Jose</b> (408) 292-4357 <a href="http://www.ps-ca.com">www.ps-ca.com</a>	Parent Coaching Co-Parenting Classes Co-Parenting Therapy 16 Week - Parenting without violence Parallel Parenting Classes	DFCS Funds Sliding Scale Medi-Cal	English Spanish
Por Nuestros Hijos For Our Children	<b>Redwood City</b> Karina Sepag (650) 921-0668	12 Week Co-Parenting Classes	Yes	English Spanish
Safe & Sound Kid's Turn	<b>San Francisco</b> (415) 668-0494 <a href="https://safeandsound.org">https://safeandsound.org</a>	6 Week Co-Parent Workshop (For parents and children) 8 Week Parenting Classes (For children 0-10 yrs) Parenting Classes (For teens 13-17 yrs) Virtual workshops available	Sliding Scale	English Spanish
StarVista Healthy Homes	<b>San Mateo County</b> Aurora Gallardo (650) 465-0305 <a href="mailto:ECSintake@star-vista.org">ECSintake@star-vista.org</a>	Parent Education, support, and workshops 5 to 10 sessions (For children 0-5 yrs)	No Fee	English Spanish